About the USC Leonard Davis School of Gerontology

The USC Leonard Davis School of Gerontology is proud to be the home of the longstanding Los Angeles Caregiver Resource Center (LACRC), which is part of a statewide system of California Caregiver Resource Centers. Founded in 1975, the USC Davis School of Gerontology is the oldest and largest school of its type in the world. The school is home to leaders in the field of gerontology. Community engagement and interaction are crucially important to the school’s mission, and we pride ourselves on making connections -- and a difference—in the “real world” as well as in the classroom.
Are you helping a family member or older adult with any of the following tasks?

- Preparing Meals
- Bathing & Getting Dressed
- Getting In & Out of Bed
- Grocery Shopping
- Cleaning the House
- Managing Medications
- Paying Household Bills
- Getting to Doctor Visits
- Arranging for Services

If you answered “yes” to any of these questions, YOU ARE A CAREGIVER.

The Los Angeles Caregiver Resource Center, part of the USC Family Caregiver Support Center (FCSC), is committed to providing comprehensive support services for family caregivers in Los Angeles County to aid in the caregiving process.

We provide personalized information, referrals, consultations, and other support services to help family caregivers balance family obligations, work, and self-care. Whether you are new or experienced, we are here to help you. Caregiving can drastically change your life, and it is not selfish or weak to seek support, help, and information.

One-On-One Consultations
We assist caregivers in developing an individualized care plan. We also offer information and referral to community resources.

Respite for Caregivers
Caregivers can focus on their own well-being by seeking respite, a brief “break” from the stress of caregiving.

Support Groups
Support groups (in-person and phone) provide an opportunity to share and receive information and tips for coping.

Community Education and Training
We offer education and training for the caregiving community.

“Our services have saved my sanity and given me the strength to keep on.”

-P. Miller, client since 2009