

CONTACT US



USC Family Caregiver Support Center
3715 McClintock Ave.
Los Angeles, CA 90089

Toll-Free: 1-855-872-6060
Website: www.fcscgero.org
Email: fcscgero@usc.edu

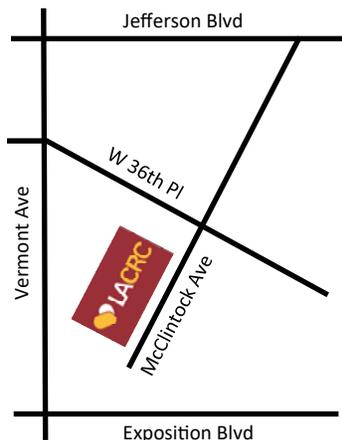
Let's be social!



[Facebook.com/USCFCS](https://www.facebook.com/USCFCS)

[Twitter.com/USCFCS](https://twitter.com/USCFCS)

[Instagram.com/USCFCS](https://www.instagram.com/USCFCS)



About the USC Leonard Davis School of Gerontology

The USC Leonard Davis School of Gerontology is proud to be the home of the longstanding Los Angeles Caregiver Resource Center (LACRC), which is part of a statewide system of California Caregiver Resource Centers. Founded in 1975, the USC Davis School of Gerontology is the oldest and largest school of its type in the world. The school is home to leaders in the field of gerontology. Community engagement and interaction are crucially important to the school's mission, and we pride ourselves on making connections -- and a difference—in the “real world” as well as in the classroom.

USC Leonard Davis
School of Gerontology

This program is funded, in part, by the Department of California Health Care Services, the Los Angeles County Community and Senior Services, and the USC Leonard Davis School of Gerontology.

USC Family Caregiver Support Center

Providing support for family caregivers
throughout Los Angeles County



LOS ANGELES CAREGIVER RESOURCE CENTER
A program of the USC Family Caregiver Support Center



1-800-540-4442

1-855-872-6060

www.fcscgero.org



OUR MISSION

“To be a model for Los Angeles, the state and the nation, by using technology, research, and education to transform caregiving and the long-term care system.”

WHO ARE CAREGIVERS?

Are you helping a family member or older adult with any of the following tasks?

- ☑ Preparing Meals
- ☑ Bathing & Getting Dressed
- ☑ Getting In & Out of Bed
- ☑ Grocery Shopping
- ☑ Cleaning the House
- ☑ Managing Medications
- ☑ Paying Household Bills
- ☑ Getting to Doctor Visits
- ☑ Arranging for Services

If you answered “yes” to any of these questions, YOU ARE A CAREGIVER.

ABOUT US

The Los Angeles Caregiver Resource Center, part of the **USC Family Caregiver Support Center (FCSC)**, is committed to providing comprehensive support services for family caregivers in Los Angeles County to aid in the caregiving process.

We provide personalized information, referrals, consultations, and other support services to help family caregivers balance family obligations, work, and self-care. Whether you are new or experienced, we are here to help you. Caregiving can drastically change your life, and it is not selfish or weak to seek support, help, and information.

HOW CAN WE HELP?

One-On-One Consultations

We assist caregivers in developing an individualized care plan. We also offer information and referral to community resources.

Respite for Caregivers

Caregivers can focus on their own well-being by seeking respite, a brief “break” from the stress of caregiving.

Support Groups

Support groups (in-person and phone) provide an opportunity to share and receive information and tips for coping.

Community Education and Training

We offer education and training for the caregiving community.



“Your services have saved my sanity and given me the strength to keep on.”

-P. Miller, client since 2009