

2020



20th ANNUAL C.A.L.M. CONFERENCE



USC Leonard Davis
Family Caregiver Support Center

LACRC
LOS ANGELES CAREGIVER RESOURCE CENTER

Friday, November 20th, 3:00-5:00 PM
Saturday, November 21st, 9:00 AM-4:00 PM



2020 C.A.L.M. CONFERENCE

DAY 1 AGENDA

Friday, November 20th, 3:00-5:00 PM

3:00

OPENING

Dr. Corliss Bennett, Host
*Director of Student Success Outcomes
Humboldt University*

WELCOME

Dr. Donna Benton, Director
USC Family Caregiver Support Center / LACRC

FIGHT ON

Dr. Pinchas Cohen, Dean
USC Leonard Davis School of Gerontology

DANCE PARTY

Erika Wright, Fitness Instructor
U-Jam Fitness

LEGISLATIVE

Councilmember Karina Macias
City of Huntington Park

MIXOLOGY

Geo, Mixologist

KOMBUCHA

Joshua Rood
Dr. Hops Kombucha

PANDEMIC LIFE

Jesus Trejo
Actor/Comedian

CONGRATS

Community Members

5:00

CLOSING

Dr. Donna Benton, Director
USC Family Caregiver Support Center / LACRC



2020 C.A.L.M. CONFERENCE

DAY 2 AGENDA

Saturday, November 21st, 9:00 AM-4:00 PM

9:00

OPENING

Dr. Corliss Bennett, Host
*Director of Student Success Outcomes,
Humboldt University*

SELF-CARE

McCrae Mower
University of Southern California

MEDITATION

Dee Dee Mascareñas, LMFT
Psychotherapist, Private Practice

COMEDY

Dani Klein Modisett, Founder/CEO
Laughter On Call

12:00

POLLING

LUNCH TIME
Live Caregiver Surveys

COOKING

Chef Dusko Novakovic, Dir. Dining Services
The Kensington Sierra Madre

SANGRIA

Sami Reed, Founder
Elevate Community Wellness

ZUMBA

Gina Farfan
Certified Zumba Instructor

STORIES

Family Caregivers

4:00

CLOSING

Dr. Donna Benton, Director
USC Family Caregiver Support Center / LACRC

Generously sponsored by
LA Care Health Plan



Made possible by funding from the LA County WDACS
and the CA State Dept of Mental Health