

# Resource Spotlight

USC Leonard Davis  
Family Caregiver Support Center

February 2020

**C**aregiving is not just about brains or brawn (or even, sheer willpower) ... it often requires assistive devices to help both care receiver and caregiver to improve their quality of life and support caregiving efforts. The downside, however, is that durable medical equipment (DME) can be prohibitively expensive for many families. With all the expenses of caregiving, purchasing a piece of DME can be nearly impossible to fit into a caregiver's budget. Having access to the proper DME is one of the essential aspects families often require to ensure their loved ones are safe

and secure. What's a caregiver to do?

The Convalescent Aid Society is one organization in LA County which provides DME help to families. Qualified participants are able to borrow DME—such as wheelchairs, hospital beds, ventilators, etc.—for free. Founded in 1923, this non-profit loans equipment to improve quality of life, restore and prolong mobility, and promote continued independence and autonomy for those in need. The Convalescent Aid Society services the greater San Gabriel Valley area, including Pasadena, Glendale,

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## CALENDAR OF EVENTS:

- **Feb 4th, 6:00-7:30 PM: Rancho Palos Verdes Support Group**  
Location: Mary & Joseph Retreat Center  
5300 Crest Rd., Rancho Palos Verdes, CA 90275
- **Feb 5th & 19th, 1:00-2:30 PM: Pasadena Support Group**  
Location: Pasadena Senior Center  
85 E. Holly St., Pasadena, CA 91103
- **Feb 6th, 1:00-2:30 PM: Santa Fe Springs Support Group (Presented in Spanish)**  
Location: Gus Velasco Neighborhood Center  
9255 S. Pioneer Blvd., Santa Fe Springs, CA 90670
- **Feb 11th & 25th, 11:30 AM-1:00 PM: First AME Church Support Group (\*PEER-LED\*)**  
Location: First AME Church: Allen House  
2249 South Harvard, Los Angeles, CA 90018
- **Feb 12th, 10:00-11:30 AM: Rosemead Support Group**  
Location: California Mission Inn (Massie Hall)  
8417 Mission Dr., Rosemead, CA 91770
- **Feb 12th & 26th, 12:00-2:00 PM: USC Support Group**  
Location: LACRC@USC - Davis School of Gerontology
- **Feb 13th, 10:00 AM-12:00 PM: Monrovia Support Group**  
Location: Human Services Association  
605 S. Myrtle Ave., Monrovia, CA 91016
- **Feb 13th, 4:30-6:00 PM: Claremont Support Group**  
Location: Claremont Manor Care Center (OT Room)  
621 W. Bonita Ave., Claremont, CA 91711
- **Feb 13th, 6:00-7:30 PM: SPANISH Telephone Support Group**  
Please register by calling toll-free (855) 872-6060.
- **Feb 19th, 10:00 AM-12:00 PM: Downey Support Group**  
Location: Remita Health  
12620 Erickson Ave., Downey, CA 90242
- **Feb 19th, 1:30-3:00 PM: Azusa Support Group**  
Location: Silverado Sierra Vista Memory Care Community  
125 Sierra Madre Ave., Azusa, CA 91702
- **Feb 20th, 9:00-11:00 AM: "C.A.L.M. About: Hiring In-Home Help" (Baldwin Park)**  
Location: Kaiser Permanente Medical Center, Baldwin Park  
1011 Baldwin Park Blvd., Baldwin Park, CA 91706
- **Feb 20th, 10:00-11:30 AM: "C.A.L.M. About: Community Resources for Caregivers" (Cerritos)**  
Location: Cerritos Senior Center  
12340 South St., Cerritos, CA 90703
- **Feb 26th, 10:00 AM-12:00 PM: Pico Rivera Support Group**  
Location: Pico Rivera Senior Center  
9200 Mines Ave., Pico Rivera, CA 90660
- **Feb 26th, 6:00-7:30 PM: "C.A.L.M. About: Helping Someone With Dementia Who Doesn't Want Your Help" (Pasadena)**  
Location: Regency Park Oak Knoll  
255 S. Oak Knoll Ave., Pasadena, CA 91101
- **Feb 27th, 10:00 AM-12:00 PM: Caregivers' Circle**  
Location: Potrero Heights Community & Senior Center  
8051 Arroyo Dr., Montebello, CA 90640
- **Feb 27th, 10:00 AM-12:00 PM: Long Beach Support Group**  
Location: Grace First Presbyterian Church (Fireside Room)  
3955 Studebaker Road, Long Beach, CA 90808
- **Feb 27th, 6:00-7:30 PM: Lake View Terrace Support Group (\*PEER-LED\*)**  
Location: Lake View Terrace Library  
12002 Osborne St., Lake View Terrace, CA 91342
- **Feb 27th, 6:30-8:00 PM: Telephone Support Group**  
Please register by calling toll-free (855) 872-6060.

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Burbank, and La Canada Flintridge.

The Durable Medical Equipment Aid Society (The DME) is another locally based, non-profit organization that supports and promotes the re-use of gently used durable medical equipment and makes that equipment available, free of charge, to individuals in need. Upon donation, the equipment is inspected, cleaned and inventoried. It is housed in The DME's warehouse until it is given to an individual in need of a specific mobility or bath care piece of equipment. The DME's service area is LA County and Ventura County, but they encourage interested individuals to call them at 818-298-9893 to confirm eligibility.

Consider exploring these resources if you lack the appropriate tools you need to be the best caregiver for your loved one. Additional information to learn more about these programs, eligibility requirements, and information on how to apply is below:

**Convalescent Aid Society:**

<https://www.convalescentaidsociety.com>  
(626) 793-1696

**The DME:**

<http://www.thedme.org/home>  
(818) 298-9893

