At minimum, have the basic supplies listed below.
Keep supplies in an easy-to-carry emergency preparedness kit that you can use at home or take with you in case you must evacuate.

**WATER:** 1 gallon per person per day; 3-day supply for evacuation, 2-week supply for home

**FOOD:** non-perishable, easy-to-prepare items; 3-day supply for evacuation, 2-week supply for home

- First aid kit
- Sanitation and personal hygiene items (toothbrush, toilet paper, contact lens solution)
- Cell phone charger
- Emergency blanket
- Family and emergency contact information
- Maps of the area
- Current digital photos of loved ones, updated every six months, especially for children.

You should also consider gathering the following paper items storing them in a sealed plastic bag inside your kit and/or in your freezer:
- Copies of personal documents (medication list and pertinent medical information, proof of address, deed/lease to home, passports, birth certificates, insurance policies)
- Extra cash in small denominations ($1 and $5 bills)

Consider the needs of all family members and add supplies to your kit for all members of your family. Suggested items include:
- Medical items (hearing aids with extra batteries, glasses, contact lenses, cane)
- Baby supplies (bottles, formula, baby food, diapers)
- Games and activities for children

Additional supplies to keep at home, in your car or in your kit:
- Whistle
- Surgical masks
- Work gloves

Got your kit? Great! Next, learn how to make a plan with your family and what to do before, during and after disasters at preparesocal.org

---

**WATER:** 1 gallon per person per day; 3-day supply for evacuation, 2-week supply for home

**FOOD:** non-perishable, easy-to-prepare items; 3-day supply for evacuation, 2-week supply for home

- First aid kit
- Sanitation and personal hygiene items (toothbrush, toilet paper, contact lens solution)
- Cell phone charger
- Emergency blanket
- Family and emergency contact information
- Maps of the area
- Current digital photos of loved ones, updated every six months, especially for children.

You should also consider gathering the following paper items storing them in a sealed plastic bag inside your kit and/or in your freezer:
- Copies of personal documents (medication list and pertinent medical information, proof of address, deed/lease to home, passports, birth certificates, insurance policies)
- Extra cash in small denominations ($1 and $5 bills)

Consider the needs of all family members and add supplies to your kit for all members of your family. Suggested items include:
- Medical items (hearing aids with extra batteries, glasses, contact lenses, cane)
- Baby supplies (bottles, formula, baby food, diapers)
- Games and activities for children

Additional supplies to keep at home, in your car or in your kit:
- Whistle
- Surgical masks
- Work gloves

Got your kit? Great! Next, learn how to make a plan with your family and what to do before, during and after disasters at preparesocal.org

---

**WATER:** 1 gallon per person per day; 3-day supply for evacuation, 2-week supply for home

**FOOD:** non-perishable, easy-to-prepare items; 3-day supply for evacuation, 2-week supply for home

- First aid kit
- Sanitation and personal hygiene items (toothbrush, toilet paper, contact lens solution)
- Cell phone charger
- Emergency blanket
- Family and emergency contact information
- Maps of the area
- Current digital photos of loved ones, updated every six months, especially for children.

You should also consider gathering the following paper items storing them in a sealed plastic bag inside your kit and/or in your freezer:
- Copies of personal documents (medication list and pertinent medical information, proof of address, deed/lease to home, passports, birth certificates, insurance policies)
- Extra cash in small denominations ($1 and $5 bills)

Consider the needs of all family members and add supplies to your kit for all members of your family. Suggested items include:
- Medical items (hearing aids with extra batteries, glasses, contact lenses, cane)
- Baby supplies (bottles, formula, baby food, diapers)
- Games and activities for children

Additional supplies to keep at home, in your car or in your kit:
- Whistle
- Surgical masks
- Work gloves

Got your kit? Great! Next, learn how to make a plan with your family and what to do before, during and after disasters at preparesocal.org