



Is your emergency preparedness kit ready?

At minimum, have the basic supplies listed below.

Keep supplies in an easy-to-carry emergency preparedness kit that you can use at home or take with you in case you must evacuate.

- WATER:** 1 gallon per person per day: 3-day supply for evacuation, 2-week supply for home
- FOOD:** non-perishable, easy-to-prepare items. 3-day supply for evacuation, 2-week supply for home
- Flashlight and extra batteries
- Battery-powered or hand-crank radio
- Multi-purpose tool
- Can opener
- Medications (7-day supply) and medical items
- First aid kit
- Sanitation and personal hygiene items (toothbrush, toilet paper, contact lens solution)
- Cell phone charger
- Emergency blanket
- Family and emergency contact information
- Maps of the area
- Current digital photos of loved ones, updated every six months, especially for children.

You should also consider gathering the following paper items storing them in a sealed plastic bag inside your kit and/or in your freezer:

- Copies of personal documents (medication list and pertinent medical information, proof of address, deed/lease to home, passports, birth certificates, insurance policies)
- Extra cash in small denominations (\$1 and \$5 bills)

Consider the needs of all family members and add supplies to your kit for all members of your family. Suggested items include:

- Medical items (hearing aids with extra batteries, glasses, syringes, cane)
- Baby supplies (bottles, formula, baby food, diapers)
- Games and activities for children
- Pet supplies (collar, leash, ID, food, carrier, bowl)
- Two-way radios
- Extra set of car and house keys

Additional supplies to keep at home, in your car or in your kit:

- Whistle
- Surgical masks
- Work gloves
- Extra clothing and sturdy shoes
- Duct tape

Got your kit? Great! Next, learn how to make a plan with your family and what to do before, during and after disasters at prepresocal.org



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