

Resource Spotlight

USC Leonard Davis
Family Caregiver Support Center

Community partnerships are the pillars by which non-profit organizations are able to exist and succeed. Being a non-profit entity, the USC Family Caregiver Support Center (FCSC) relies upon our various community collaborations to reach more caregivers, offer more services, and support the effectiveness of our program. This fall, we have the distinct pleasure of announcing our participation in the Alzheimer's Los Angeles's 4th Annual Walk for Alzheimer's (Walk4ALZ). Our collaboration is just one of the ways in which we are partnering to provide support to our caregivers.

Alzheimer's Los Angeles (formerly known as the Los Angeles chapter of the Alzheimer's Association) is a non-profit agency which serves families facing Alzheimer's and other dementias by increasing awareness, providing programs and support, and advocating for quality care and cure. This year, we are building a USC FCSC/LACRC team for Walk4ALZ to reach a common goal of increasing awareness of family caregiver programs and services through educational events offered throughout Los Angeles County. Our center will work together with Alzheimer's L.A. in their annual walk to support local families affected by dementia.

continued on next page →

CALENDAR OF EVENTS:

- **Oct 1st, 6:00-7:30 PM: Rancho Palos Verdes Support Group**
Location: Mary & Joseph Retreat Center
5300 Crest Rd., Rancho Palos Verdes, CA 90275
- **Oct 2nd & 16th, 1:00-2:30 PM: Pasadena Support Group**
Location: Pasadena Senior Center
85 E. Holly St., Pasadena, CA 91103
- **Oct 3rd, 1:00-2:30 PM: Santa Fe Springs Support Group (Presented in Spanish)**
Location: Gus Velasco Neighborhood Center
9255 S. Pioneer Blvd., Santa Fe Springs, CA 90670
- **Oct 3rd & 10th, 10:00 AM-12:00 PM: "Stress, Resilience & Positivity" (Cerritos) (Weeks 3 & 4)**
Location: Cerritos Senior Center
12340 South St., Cerritos, CA 90703
REGISTRATION IS REQUIRED. Please call Yvonne Kuo (213-821-6919) or Jenny Peterson (213-821-6908) to register.
- **Oct 8th & 22nd, 11:30 AM-1:00 PM: First AME Church Support Group (*PEER-LED*)**
Location: First AME Church: Allen House
2249 South Harvard, Los Angeles, CA 90018
- **Oct 9th, 10:00-11:30 AM: Rosemead Support Group**
Location: California Mission Inn (Massie Hall)
8417 Mission Dr., Rosemead, CA 91770
- **Oct 9th & 23rd, 12:00-2:00 PM: USC Support Group**
Location: LACRC@USC - Davis School of Gerontology
- **Oct 10th, 4:30-6:00 PM: Claremont Support Group**
Location: Claremont Manor Care Center (OT Room)
621 W. Bonita Ave., Claremont, CA 91711
- **Oct 10th, 6:00-7:30 PM: SPANISH Telephone Support Group**
Please register by calling toll-free (855) 872-6060.
- **Oct 16th, 10:00 AM-12:00 PM: Downey Support Group**
Location: Remita Health
12620 Erickson Ave., Downey, CA 90242
- **Oct 16th, 1:30-3:00 PM: Azusa Support Group**
Location: Silverado Sierra Vista Memory Care Community
125 Sierra Madre Ave., Azusa, CA 91702
- **Oct 17th, 9:00-11:00 AM: "C.A.L.M. About: Caregiver Checklist: Things You Should Know" (Baldwin Park)**
Location: Kaiser Permanente Medical Center
1011 Baldwin Park Blvd., Baldwin Park, CA 91706
Basement Conference Rooms
- **Oct 20th, 8:00 AM-1:00 PM: Walk4ALZ: Join the USC FCSC team!**
Location: LA State Historic Park
1245 N. Spring St., CA 90012
Please call toll-free 1-855-872-6060 for more information.
- **Oct 23rd, 10:00 AM-12:00 PM: Pico Rivera Support Group**
Location: Pico Rivera Senior Center
9200 Mines Ave., Pico Rivera, CA 90660
- **Oct 24th, 10:00 AM-12:00 PM: Caregivers' Circle**
Location: Potrero Heights Community & Senior Center
8051 Arroyo Dr., Montebello, CA 90640
- **Oct 24th, 10:00 AM-12:00 PM: Long Beach Support Group**
Location: Grace First Presbyterian Church (Fireside Room)
3955 Studebaker Road, Long Beach, CA 90808
- **Oct 24th, 6:00-7:30 PM: Lake View Terrace Support Group (*PEER-LED*)**
Location: Lake View Terrace Library
12002 Osborne St., Lake View Terrace, CA 91342
- **Oct 24th, 6:30-8:00 PM: Telephone Support Group**
Please register by calling toll-free (855) 872-6060.

... continued from previous page

We welcome you to join us as we fight together against Alzheimer's with Walk4ALZ.

JOIN THE USC TEAM:

<https://connect.alzheimersla.org/team/256520>

DONATE TO THE TEAM:

<https://connect.alzheimersla.org/team/256520>

Your participation and donations will go a long way toward raising community awareness for a disease with which many of us have had personal experience. Even if you cannot attend or walk with our team, please consider sharing our team page with your network of family, friends, co-workers, etc. so we can

continue to build our team and donations. Our team goal is \$11,000, and we'd love your help to reach it! Every little bit counts!

Please note: This program is not affiliated with the USC Family Caregiver Support Center, and this article should not be considered an endorsement for said program. We are simply providing information about resources which may be of interest to caregivers.

