

Resource Spotlight

USC Leonard Davis
Family Caregiver Support Center

The Kathi Koll Foundation works to support family caregivers in need. The Foundation offers short-term financial assistance to struggling caregivers as well as a community education program geared toward helping caregivers navigate the various challenges that arise during caregiving. The Foundation aims to improve the quality of life of caregivers and their families.

The Kathi Koll Foundation was founded by Kathi

Koll, a former caregiver to her husband, Don. In 2005, Kathi became a full-time caregiver to her husband, who suffered a stroke that left him paralyzed from the neck down and forced Don to live on a respirator. She cared for Don for more than six years until he passed in 2011.

During her time as a family caregiver, Kathi was introduced to the emotional, mental, and practical challenges that many full-time caregivers struggle with. Having experienced how the role of a

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CALENDAR OF EVENTS:

- **May 1st & 15th, 1:00-2:30 PM: Pasadena Support Group**
Location: Pasadena Senior Center
85 E. Holly St., Pasadena, CA 91103
- **May 2nd, 1:00-2:30 PM: Santa Fe Springs Support Group (Presented in Spanish)**
Location: Gus Velasco Neighborhood Center
9255 S. Pioneer Blvd., Santa Fe Springs, CA 90670
- **May 6th, 13th, & 20th, 2:30-4:00 PM: "Stress-Busting Program for Family Caregivers" (West Covina)**
Location: Cortez Park Community & Senior Center
2501 E. Cortez St., West Covina, CA 91791
THIS CLASS IS FULL; REGISTRATION IS CLOSED.
- **May 7th, 14th, 21st & 28th, 2:00 -4:00 PM: "Stress-Busting Program for Family Caregivers" (Long Beach)**
Location: Grace First Presbyterian Church (Fireside Room)
3955 Studebaker Rd., Long Beach, CA 90808
THIS CLASS IS FULL; REGISTRATION IS CLOSED.
- **May 7th, 6:00-7:30 PM: Rancho Palos Verdes Support Group**
Location: Mary & Joseph Retreat Center
5300 Crest Rd., Rancho Palos Verdes, CA 90275
- **May 8th, 10:00-11:30 AM: Rosemead Support Group**
Location: California Mission Inn (Massie Hall)
8417 Mission Dr., Rosemead, CA 91770
- **May 8th & 22nd, 12:00-2:00 PM: USC Support Group**
Location: LACRC@USC - Davis School of Gerontology
- **May 9th, 4:30-6:00 PM: Claremont Support Group**
Location: Claremont Manor Care Center (OT Room)
621 W. Bonita Ave., Claremont, CA 91711
- **May 9th, 6:00-7:30 PM: SPANISH Telephone Support Group**
Please register by calling toll-free (855) 872-6060.
- **May 14th & 28th, 11:30 AM-1:00 PM: First AME Church Support Group (*PEER-LED*)**
Location: First AME Church: Allen House
2249 South Harvard, Los Angeles, CA 90018
- **May 15th, 10:00 AM-12:00 PM: Downey Support Group**
Location: Remita Health
12620 Erickson Ave., Downey, CA 90242
- **May 16th, 9:00-11:00 AM: "C.A.L.M. About: Experiencing Loss with Caregiving" (Baldwin Park)**
Location: Kaiser Permanente Medical Center
1011 Baldwin Park Blvd., Baldwin Park, CA 91706
Basement Conference Rooms
- **May 22nd, 10:00 AM-12:00 PM: Pico Rivera Support Group**
Location: Pico Rivera Senior Center
9200 Mines Ave., Pico Rivera, CA 90660
- **May 22nd, 6:00-7:30 PM: LGBTQ Support Group**
Location: Pasadena Central Library (4th Floor Conference Room)
285 E. Walnut St., Pasadena, CA 91101
- **May 23rd, 10:00 AM-12:00 PM: Caregivers' Circle**
Location: Potrero Heights Community & Senior Center
8051 Arroyo Dr., Montebello, CA 90640
- **May 23rd, 10:00 AM-12:00 PM: Long Beach Support Group**
Location: Grace First Presbyterian Church (Fireside Room)
3955 Studebaker Road, Long Beach, CA 90808
- **May 23rd, 6:00-7:30 PM: Lake View Terrace Support Group (*PEER-LED*)**
Location: Lake View Terrace Library
12002 Osborne St., Lake View Terrace, CA 91342
- **May 23rd, 6:30-8:00 PM: Telephone Support Group**
Please register by calling toll-free (855) 872-6060.
- **May 29th, 10:00 AM-3:00 PM: Caregiver Retreat**
Location: Westminster Gardens (Auditorium)
1420 Santo Domingo Ave., Duarte, CA 91010
REGISTRATION IS REQUIRED. PLEASE CALL 213-821-6908 TO REGISTER. *Please note that registration will begin at 9:00 AM on Wed, May 1st and is reserved for USC FCSC clients.*

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caregiver can be unimaginably tough, Kathi was inspired to start her own foundation to provide meaningful support to caregivers and families in need.

Kathi started the “Kathi’s Caregivers” program (part of the Kathi Koll Foundation) to help struggling caregivers who are facing financial challenges while juggling their caregiving and family responsibilities. What exactly does this mean? Financial assistance cannot be awarded directly to the caregiver, but must be used for services or items used or needed to help improve the caregiver’s quality of life (i.e. utility bill, purchase of a wheelchair, rent check)

To be considered for this program, you must be a full- or part-time family caregiver and demonstrate financial hardship. To learn more about how the Kathi Koll Foundation can help and obtain an application, please visit:

http://www.kathikollfoundation.org/caregivers/kathi's_caregivers

We encourage all our eligible caregivers to consider applying for this program. In our next quarterly newsletter (July), we will share how our FCNs have been able to help their clients successfully apply to this program and receive financial assistance for various item requests.

