

Resource Spotlight USC Leonard Davis Family Caregiver Support Center



ur Family Care Navigators are always on the lookout for grants and programs that would benefit their clients. Many families would love to hire in-home care, but find it cost prohibitive. One grant program we've continually referred our clients to is the Hilarity for Charity Home Care Grant program. The nonprofit organization Hilarity for Charity (HFC) has

teamed up with Home Instead Home Care to offer a grant program designed to give a respite break to family caregivers. The grant program has provided families with more than 230,000 hours of in-home respite care across the United States and Canada. According to Hilarity for Charity, "the goal of [the] care grant program is to provide exceptional inhome care to families affected by [dementia] and to

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CALENDAR OF EVENTS:

April 1st, 8th, 15th, & 29th, 2:30-4:00 PM: "Stress-Busting Program for Family Caregivers" (West Covina)

Location: Cortez Park Community & Senior Center 2501 E. Cortez St., West Covina, CA 91791 THIS CLASS IS FULL; REGISTRATION IS CLOSED.

April 2nd, 2:30 -4:00 PM: "Stress-Busting Program for Family Caregivers" (Pasadena)

Location: Regency Park Oak Knoll 255 S. Oak Knoll Ave., Pasadena, CA 91101 THIS CLASS IS FULL; REGISTRATION IS CLOSED.

April 2nd, 6:00-7:30 PM: Rancho Palos Verdes Support Group

Location: Mary & Joseph Retreat Center 5300 Crest Rd., Rancho Palos Verdes, CA 90275

April 3rd & 17th, 1:00-2:30 PM: Pasadena Support Group

Location: Pasadena Senior Center 85 E. Holly St., Pasadena, CA 91103

April 4th, 1:00-2:30 PM: Santa Fe Springs Support Group (Presented in

Location: Gus Velasco Neighborhood Center 9255 S. Pioneer Blvd., Santa Fe Springs, CA 90670

April 9th & 23rd, 11:30 AM-1:00 PM: First AME Church Support Group (*PEER-LED*)

Location: First AME Church: Allen House 2249 South Harvard, Los Angeles, CA 90018

April 9th, 16th, 23rd & 30th, 2:00 -4:00 PM: "Stress-Busting Program for Family Caregivers" (Long Beach)

Location: Grace First Presbyterian Church (Fireside Room) 3955 Studebaker Rd., Long Beach, CA 90808 REGISTRATION IS REQUIRED. Please call Yvonne Kuo (213-821-6919) or Lucila Torres (213-821-3107) to register.

- April 10th, 10:00-11:30 AM: Rosemead Support Group Location: California Mission Inn (Massie Hall) 8417 Mission Dr., Rosemead, CA 91770
- April 10th & 24th, 12:00-2:00 PM: USC Support Group Location: LACRC@USC - Davis School of Gerontology
- April 11th, 4:30-6:00 PM: Claremont Support Group Location: Claremont Manor Care Center (OT Room) 621 W. Bonita Ave., Claremont, CA 91711

- April 11th, 6:00-7:30 PM: SPANISH Telephone Support Group Please register by calling toll-free (855) 872-6060.
- April 18th, 9:00-11:00 AM: "C.A.L.M. About: Hiring In-Home Help" (Baldwin Park)

Location: Kaiser Permanente Medical Center 1011 Baldwin Park Blvd., Baldwin Park, CA 91706 **Basement Conference Rooms**

April 18th, 1:30-2:30 PM: "C.A.L.M. About: Fall Prevention & Home Safety" (Arcadia)

Location: Arcadia Community Center 365 Campus Dr., Arcadia, CA 91007

 April 22nd, 10:30 AM-12:00 PM: Pasadena Village Support Group Location: The Pasadena Village 236 W. Mountain St., Ste. 104, Pasadena, CA 91103

• April 23rd, 10:00-11:30 AM: "CALM About: Hiring In-Home Help" (Cerritos)

> Location: Cerritos Senior Center 12340 South St., Cerritos, CA 90703

- April 24th, 10:00 AM-12:00 PM: Pico Rivera Support Group Location: Pico Rivera Senior Center 9200 Mines Ave., Pico Rivera, CA 90660
- April 24th, 6:00-7:30 PM: LGBTQ Support Group Location: Pasadena Central Library (4th Floor Conference Room) 285 E. Walnut St., Pasadena, CA 91101
- April 25th, 10:00 AM-12:00 PM: Caregivers' Circle Location: Potrero Heights Community & Senior Center 8051 Arroyo Dr., Montebello, CA 90640
- April 25th, 10:00 AM-12:00 PM: Long Beach Support Group Location: Grace First Presbyterian Church (Fireside Room) 3955 Studebaker Road, Long Beach, CA 90808
- April 25th, 6:00-7:30 PM: Lake View Terrace Support Group (*PEER-LED*)

Location: Lake View Terrace Library 12002 Osborne St., Lake View Terrace, CA 91342

• April 25th, 6:30-8:00 PM: Telephone Support Group Please register by calling toll-free (855) 872-6060.



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give these families support and rest." The HFC Home Care Grant relieves caregivers and gives them time to rest, recharge and focus on their personal and professional life.

To be eligible for the grant, the caregiver(s) or loved one living with Alzheimer's & Dementia must fit within the following criteria:

- Currently living at home with Alzheimer's disease or related Dementia.
- Caregiver(s) is facing financial and emotional hardships due to the unique challenges of Alzheimer's or related Dementia.
- Resides in the United States or Canada.

To apply for this grant, please visit https://hilarityforcharity.org/programs/grant-program/

In our April newsletter, we will share the story of a client who was encouraged by her FCN to apply and ended up being awarded an HFC Home Care Grant.

About Hilarity for Charity

Hilarity for Charity was founded in 2012 by actor Seth Rogan and his wife Lauren Miller. The couple has personally seen the effects of dementia on families; Miller's mother was diagnosed with early-onset Alzheimer's at 55.



LACRC@USC has been empowering family caregivers in the Los Angeles area since 1989. It is part of a statewide system of 11 Caregiver Resource Centers throughout California.



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