The Los Angeles Caregiver Resource Center @ USC provides services for family caregivers in Los Angeles County to aid in the caregiving process. We are committed to supporting caregivers through information and referral, education and training events, support groups, family consultations, online services, and respite. LACRC@USC has been empowering family caregivers in the Los Angeles area since 1989. It is part of a statewide system of 11 Caregiver Resource Centers throughout California.

ABOUT US

Los Angeles Caregiver Resource Center @ USC
Davis School of Gerontology
3715 McClintock Ave.
Los Angeles, CA 90089-0191

CALENDAR OF EVENTS:

- July 6th & 20th, 1:00-2:30 PM: Pasadena Support Group
  Location: Pasadena Senior Center, 85 E. Holly St., Pasadena, CA 91103

  Location: Healthcare Partners
  207 S. Santa Anita St., #205 (Second Floor), San Gabriel, CA 91776

- July 12th & 26th, 11:30 AM-1:00 PM: First AME Church Support Group
  Location: First AME Church, Allen House
  2249 South Harvard, Los Angeles, CA 90018

- July 13th, 10:00-11:30 AM: Rosemead Support Group
  Location: LACRC@USC – Rosemead Office
  Rogers Hall Living Room, 4807 Earle Ave., Rosemead, CA 91770

- July 13th & 27th, 12:00-2:00 PM: USC Support Group
  Location: LACRC@USC - Davis School of Gerontology

- July 13th, 9:00-11:00 AM: “C.A.L.M. About: What is Dementia? Understanding Dementia Behaviors*
  Location: Kaiser Permanente Medical Center
  1011 Baldwin Park Blvd, Baldwin Park, CA 91706
  Basement Conference Room 11

  Conducted over the phone. Please register by calling toll-free (855) 872-6060.

- July 21st, 7:30-9:00 PM: C.A.L.M. About: What is Dementia? Understanding Dementia Behaviors*
  Location: Glendale Adventist Medical Center – Live Well Senior Lounge
  1905 W. Colorado Blvd., Glendale, CA 91201

- July 27th, 12:00-2:00 PM: “C.A.L.M. (Caregivers Are Learning More) Through Creative Expression” Support Group
  Location: LACRC@USC – Davis School of Gerontology

- July 28th, 10:00 AM-12:00 PM: Long Beach Support Group
  Location: Grace First Presbyterian Church (Firestone Room)
  3955 Studentlaker Road, Long Beach, CA 90818

- July 28th, 6:00-7:30 PM: Sylmar Support Group (*PEER-LED*)
  Location: Lake View Terrace Library, 12002 Osborne St., Sylmar, CA 91342

A big thank you to everyone who wrote letters, called, emailed and faxed our California legislators about SB 1377. Despite extraordinary support from the caregiving community, SB 1377 was stopped at the Senate Appropriations Committee due to the projected cost to the state. At the bottom of this page is a photo of all the letters supporting SB 1377 given to elected officials in the Senate Appropriations Committee. We will continue to educate elected officials and policymakers on the need to support family caregivers. We encourage our clients and supporters to continue posting on the CA Caregivers Take Action Facebook page.

Our newly launched caregiver support group in collaboration with Beth Jacob Congregation in Beverly Hills has received much positive feedback from the community. Beginning in August 2016, we will be expanding this new group to meet TWICE a month on the second and fourth Thursdays of the month from 2:00 to 3:30 PM. (This group is non-denominational and open to the community.) We’d love to meet you if you’re in the area!

This month’s educational theme at the center is “C.A.L.M. (Caregivers Are Learning More) About: What is Dementia? Understanding Dementia Behaviors.” We will discuss common dementia behaviors which may be frustrating or challenging for family caregivers and how to deal with these behaviors in positive, productive ways. Please refer to our calendar of events for more information on a presentation near you.

CALENDAR OF EVENTS:

- July 14th & 28th, 5:00-6:30 PM: WISE Support Group
  Location: WISE Adult Day Service Center
  2537 4th St., 2nd Fl., Santa Monica, CA 90401

  Location: Kaiser Permanente Medical Center
  1011 Baldwin Park Blvd., Baldwin Park, CA 91706
  Basement Conference Room 11

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  Location: Kaiser Permanente Medical Center
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This program is funded, in part, by the Department of California Health Care Services, the Los Angeles County Community and Senior Services, and the USC Leonard Davis School of Gerontology.
Dish Gardens for Caregivers

At the end of June, our USC and First AME Church support groups had the unique opportunity to join each other for a fun get-together where caregivers learned about making dish gardens using succulents. Plants, potting soil, and other gardening supplies for this project were jointly donated by Georgia Lumpkin and Bobbe Akalonu. Caregivers were provided with empty plant saucers which they filled with potting soil and various succulents. Ms. Lumpkin propagated from her own plant collection at home.

Legal Conference Recap

Our “Let’s Talk About Legal & Financial Planning” Conference on Friday, June 24th, 9:00 am-12:30 pm in Alhambra was a resounding success. Over 80 attendees made up of family caregivers, social workers, and other interested community members were present at the event. There were twelve exhibitor tables for attendees to visit and learn more information about various community agencies. Sara Polinsky, elder law attorney, spoke about “Common Estate Planning Mistakes” people make and how to avoid them. Kathryn Humphreys, owner and president of Medi-Cal Regulation Specialists, spoke about “Understanding Medi-Cal” and some of the common myths surrounding the Medi-Cal system. We received great feedback from attendees about the need for this type of information in the community, and we hope to provide more of these workshops and conferences in the future!